

Weight Watchers Points



While we're not affiliated with Weight Watchers and don't endorse the program, we know some of our customers like to count points using their SmartPoints system.

Since we're all about making life easier at Snap Kitchen, we've done the calculations for you for every current menu item. Please note - every item listed may not be available at all locations. If you have any further questions, you can email snapcare@snapkitchen.com!

SHIPPING

Menu Item	Points Value
Almond Crusted Salmon with Roasted Carrots & Zucchini	12
Baked Ziti with Italian Beef Sausage	13
Bison Quinoa Bowl with Peppers & Onions	11
Bison Shepherd's Pie with Fresh Herbs	14
Bruschetta Chicken with Balsamic Reduction	9
Buffalo Ranch Burger with Loaded Roasted Cauliflower	20
Cacio e Pepe with Rosemary Chicken	13
Cajun Salmon with Braised Greens and Bacon	17
Chicken Burrito Bowl with Avocado Salsa	14
Chicken Salad Wrap with Lemon Charred Broccoli	17
Chicken Soba Noodle Salad with Toasted Cashews	14
Chicken Tenders with Potato-turnip Mash	12
Chicken Teriyaki Bowl with Forbidden Rice	9
Chicken Tinga with Fire-Roasted Corn	11
Cod Piccata with Garlic-roasted Cauliflower	11
Creamy Chicken Stew with Rice	11
Herb Chicken with Mediterranean Sauce & Green Beans	9
Herb Roasted Turkey with Potato-Turnip Mash and Gravy	11

Menu Item	Points Value
Honey Dijon Roasted Chicken with Tricolor Potatoes & Peas	12
Jerk Chicken with Mango Salsa & Dirty Rice	10
Korean BBQ Meatballs with Sesame Broccoli & Carrots	17
Mongolian Beef with Sesame Broccoli	10
Naked Beef with Roasted Cauliflower & Green Beans	7
Pasta Primavera with Parmesan & Mozzarella	13
Peppercorn Steak with Tricolor Potatoes	10
Pumpkin Alfredo with Sage Turkey Sausage	20
Pumpkin Pancakes & Sausage with Maple-Cinnamon Butter	19
Ranch Burger with Roasted Parmesan Broccoli	18
Romesco Chicken with Grilled Kale & Mushrooms	10
Steak Street Tacos & Spanish Rice Pilaf with Salsa Verde	13
Turkey and Butternut Squash Stuffing with Cranberry Sauce	14
Turkey Bolognese with Spaghetti Pasta	11
Turkey Chili with Beans and Cheddar Cheese	9
Turkey Meatloaf with Potato-turnip Mash & Green Beans	12
Za'tar Chicken with Lemon-Roasted Potatoes	12

TEXAS IN-STORE

BREAKFAST

Menu Item	Points Value
Almond Butter Maple Pancakes with Berry Compote	13
Mush Apple Cinnamon Overnight Oats	10
Mush Vanilla Bean Overnight Oats	10
Mush Wild Blueberry Overnight Oats	10
Ranchero Scramble with Potatoes and Peppers	7
Siggi's Plain Yogurt	1
Tex Mex Breakfast Wrap with Homemade Salsa	13
Vital Farms Bacon & Cheddar Cheese Egg Bites	8
Vital Farms Red Pepper & Mozzarella Egg Bites	7

LUNCH & DINNER

Menu Item	Points Value
Almond Crusted Salmon with Roasted Carrots & Zucchini	12
Baked Ziti with Italian Beef Sausage	13
Bison Quinoa Bowl with Peppers & Onions	11
Bison Shepherd's Pie with Fresh Herbs	14
Bruschetta Chicken with Balsamic Reduction	9
Buffalo Ranch Burger with Loaded Roasted Cauliflower	20
Cacio e Pepe with Rosemary Chicken	13
Cajun Salmon with Braised Greens and Bacon	17
Chicken Burrito Bowl with Avocado Salsa (L)	15
Chicken Burrito Bowl with Avocado Salsa	9
Chicken Salad Wrap with Lemon Charred Broccoli	17
Chicken Soba Noodle Salad with Toasted Cashews	14
Chicken Tenders with Potato-turnip Mash	12
Chicken Teriyaki Bowl with Forbidden Rice	9
Chicken Tinga with Fire-Roasted Corn	11
Cod Piccata with Garlic-roasted Cauliflower	11
Creamy Chicken Stew with Rice	11
Grilled Chicken with Sweet Potatoes & Green Beans (L)	15
Herb Chicken with Mediterranean Sauce & Green Beans	9
Honey Dijon Roasted Chicken with Tricolor Potatoes & Peas	12
Jerk Chicken with Mango Salsa & Dirty Rice	10
Korean BBQ Meatballs with Sesame Broccoli & Carrots	17
Mongolian Beef with Sesame Broccoli	10
Naked Beef with Roasted Cauliflower & Green Beans	7
Pasta Primavera with Parmesan & Mozzarella	13
Peppercorn Steak with Tricolor Potatoes	10
Pumpkin Alfredo with Sage Turkey Sausage	20

LUNCH & DINNER

Menu Item	Points Value
Pumpkin Alfredo with Sage Turkey Sausage (L)	29
Pumpkin Pancakes & Sausage with Maple-Cinnamon Butter	19
Ranch Burger with Roasted Parmesan Broccoli	18
Romesco Chicken with Grilled Kale & Mushrooms	10
Steak Street Tacos & Spanish Rice Pilaf with Salsa Verde	13
Turkey and Butternut Squash Stuffing with Cranberry Sauce	14
Turkey Bolognese with Spaghetti Pasta (L)	18
Turkey Chili with Beans and Cheddar Cheese (L)	15
Turkey Chili with Beans and Cheddar Cheese	9
Turkey Meatloaf with Potato-turnip Mash & Green Beans	12
Za'tar Chicken with Lemon-Roasted Potatoes	

SALADS & SOUPS

Menu Item	Points Value
Spinach Bacon Ranch Salad	11
Tessemae's Chicken Avocado Ranch Salad	13

SNACKS

Menu Item	Points Value
Barnana Dark Chocolate Bites	8
Chomps - Jalapeno	3
Chomps - Original Beef	3
Hilo Life - Really Ranchy	10
Lesser Evil Organic Popcorn - Himalayan Sea Salt	4
Lesser Evil Paleo Puffs "No Cheese"	5
Nick's Free Range - Turkey Sticks	2
Perfect Bar- Peanut Butter	11
Perfect Bar - Pumpkin Pie	11
RX Bar - Chocolate Sea Salt	7
RX Bar - Pumpkin Spice	7
Rx Nut Butter- Vanilla Almond Butter	6
Siete Tortilla Chips - Ranch	5
Siete Tortilla Chips - Sea Salt	4
Whisps - Asiago Pepper Jack	5
Go Raw - Organic Sprouted Pumpkin Seeds	5

DRINKS

Menu Item	Points Value
Better Booch - Ginger Boost	1
Better Booch - Morning Glory	2
Brew Dr Kombucha - Island Mango	4
Chameleon Cold Brew	0
Essentia Water 1.5L	0
Essentia Water 1L	0
Gt's Watermelon Wonder Kombucha	4
Honest Tea Just Black Unsweetened Tea	0
Honest Tea Just Green Unsweetened Tea	0
Pop And Bottle Classic Oat Milk Latte	4
LaCroix - Razz-Cranberry	0
Pop And Bottle Mocha Oat Milk Latte	4
Pop And Bottle Vanilla Oat Milk Latte	4
Snap Water 16.9oz	0
Snap Water 1L	0
Waterloo- Black Cherry, Watermelon, Pineapple	0

JUICES

Menu Item	Points Value
Carrot Ginger	8
Cashew Mylk	19
Spicy Citrus	10
Super Greens	2
Tropical Greens	9
Watermelon Wonder	9

SWEETS

Menu Item	Points Value
Blondie	15
Brownie	14
Base Culture - Mini Nutty Pumpkin Bread (per serving)	6
Eating Evolved - Almond Butter (Per Serving, 2.5 Servings Per Bar)	7
Hu Kitchen - Cashew Butter Dark Chocolate	8
Hail Merry - Meyer Lemon Cups	10

PANTRY

Menu Item	Points Value
Vital Proteins - Collagen Packet	1